

Cognitive cluster	Executive functions
Activation	Organizing, prioritizing, and activating to work; Initiating, planning, strategizing, and sequencing
Focus	Focusing, sustaining, and shifting attention to tasks
Effort	Regulating alertness, sustaining, and processing speed; Pacing, managing time, and resisting distraction
Emotion	Managing frustration and regulating emotions
Memory	Utilizing working memory and accessing recall; Using feedback
Action	Monitoring and self-regulating action; Inhibiting